

Forget energy drinks! Get a jolt of transforming truth every day with the B90X program for daily Bible reading. Get through the whole Bible in only 90 Days!

Forget workouts, gyms, and personal trainers! Exercising the spirit and mind gives results that last a lifetime and beyond!

Forget diets! "Man shall not live on bread alone but on every word that proceeds out of the mouth of God."

Stop starving yourself and get to the table!

**Just read the section for each day and check them off as you go! Make a commitment today!**

Date	Daily Verses	<input checked="" type="checkbox"/>	Date	Daily Verses	<input checked="" type="checkbox"/>
Day 1	Genesis 1:1–Genesis 16:16	<input type="checkbox"/>	Day 46	Proverbs 7:1–Proverbs 20:21	<input type="checkbox"/>
Day 2	Genesis 17:1–Genesis 28:19	<input type="checkbox"/>	Day 47	Proverbs 20:22–Ecclesiastes 2:26	<input type="checkbox"/>
Day 3	Genesis 28:20–Genesis 40:11	<input type="checkbox"/>	Day 48	Ecclesiastes 3:1–Song of Songs 8:14	<input type="checkbox"/>
Day 4	Genesis 40:12–Genesis 50:26	<input type="checkbox"/>	Day 49	Isaiah 1:1–Isaiah 13:22	<input type="checkbox"/>
Day 5	Exodus 1:1–Exodus 15:18	<input type="checkbox"/>	Day 50	Isaiah 14:1–Isaiah 28:29	<input type="checkbox"/>
Day 6	Exodus 15:19–Exodus 28:43	<input type="checkbox"/>	Day 51	Isaiah 29:1–Isaiah 41:18	<input type="checkbox"/>
Day 7	Exodus 29:1–Exodus 40:38	<input type="checkbox"/>	Day 52	Isaiah 41:19–Isaiah 52:12	<input type="checkbox"/>
Day 8	Leviticus 1:1–Leviticus 14:32	<input type="checkbox"/>	Day 53	Isaiah 52:13–Isaiah 66:18	<input type="checkbox"/>
Day 9	Leviticus 14:33–Leviticus 26:26	<input type="checkbox"/>	Day 54	Isaiah 66:19–Jeremiah 10:13	<input type="checkbox"/>
Day 10	Leviticus 26:27–Numbers 8:14	<input type="checkbox"/>	Day 55	Jeremiah 10:14–Jeremiah 23:8	<input type="checkbox"/>
Day 11	Numbers 8:15–Numbers 21:7	<input type="checkbox"/>	Day 56	Jeremiah 23:9–Jeremiah 33:22	<input type="checkbox"/>
Day 12	Numbers 21:8–Numbers 32:19	<input type="checkbox"/>	Day 57	Jeremiah 33:23–Jeremiah 47:7	<input type="checkbox"/>
Day 13	Numbers 32:20–Deuteronomy 7:26	<input type="checkbox"/>	Day 58	Jeremiah 48:1–Lamentations 1:22	<input type="checkbox"/>
Day 14	Deuteronomy 8:1–Deuteronomy 23:11	<input type="checkbox"/>	Day 59	Lamentations 2:1–Ezekiel 12:20	<input type="checkbox"/>
Day 15	Deuteronomy 23:12–Deuteronomy 34:12	<input type="checkbox"/>	Day 60	Ezekiel 12:21–Ezekiel 23:39	<input type="checkbox"/>
Day 16	Joshua 1:1–Joshua 14:15	<input type="checkbox"/>	Day 61	Ezekiel 23:40–Ezekiel 35:15	<input type="checkbox"/>
Day 17	Joshua 15:1–Judges 3:27	<input type="checkbox"/>	Day 62	Ezekiel 36:1–Ezekiel 47:12	<input type="checkbox"/>
Day 18	Judges 3:28–Judges 15:12	<input type="checkbox"/>	Day 63	Ezekiel 47:13–Daniel 8:27	<input type="checkbox"/>
Day 19	Judges 15:13–1 Samuel 2:29	<input type="checkbox"/>	Day 64	Daniel 9:1–Hosea 13:6	<input type="checkbox"/>
Day 20	1 Samuel 2:30–1 Samuel 15:35	<input type="checkbox"/>	Day 65	Hosea 13:7–Amos 9:10	<input type="checkbox"/>
Day 21	1 Samuel 16:1–1 Samuel 28:19	<input type="checkbox"/>	Day 66	Amos 9:11–Nahum 3:19	<input type="checkbox"/>
Day 22	1 Samuel 28:20–2 Samuel 12:10	<input type="checkbox"/>	Day 67	Habakkuk 1:1–Zechariah 10:12	<input type="checkbox"/>
Day 23	2 Samuel 12:11–2 Samuel 22:18	<input type="checkbox"/>	Day 68	Zechariah 11:1–Matthew 4:25	<input type="checkbox"/>
Day 24	2 Samuel 22:19–1 Kings 7:37	<input type="checkbox"/>	Day 69	Matthew 5:1–Matthew 15:39	<input type="checkbox"/>
Day 25	1 Kings 7:38–1 Kings 16:20	<input type="checkbox"/>	Day 70	Matthew 16:1–Matthew 26:56	<input type="checkbox"/>
Day 26	1 Kings 16:21–2 Kings 4:37	<input type="checkbox"/>	Day 71	Matthew 26:57–Mark 9:13	<input type="checkbox"/>
Day 27	2 Kings 4:38–2 Kings 15:26	<input type="checkbox"/>	Day 72	Mark 9:14–Luke 1:80	<input type="checkbox"/>
Day 28	2 Kings 15:27–2 Kings 25:30	<input type="checkbox"/>	Day 73	Luke 2:1–Luke 9:62	<input type="checkbox"/>
Day 29	1 Chronicles 1:1–1 Chronicles 9:44	<input type="checkbox"/>	Day 74	Luke 10:1–Luke 20:19	<input type="checkbox"/>
Day 30	1 Chronicles 10:1–1 Chronicles 23:32	<input type="checkbox"/>	Day 75	Luke 20:20–John 5:47	<input type="checkbox"/>
Day 31	1 Chronicles 24:1–2 Chronicles 7:10	<input type="checkbox"/>	Day 76	John 6:1–John 15:17	<input type="checkbox"/>
Day 32	2 Chronicles 7:11–2 Chronicles 23:15	<input type="checkbox"/>	Day 77	John 15:18–Acts 6:7	<input type="checkbox"/>
Day 33	2 Chronicles 23:16–2 Chronicles 35:15	<input type="checkbox"/>	Day 78	Acts 6:8–Acts 16:37	<input type="checkbox"/>
Day 34	2 Chronicles 35:16–Ezra 10:44	<input type="checkbox"/>	Day 79	Acts 16:38–Acts 28:16	<input type="checkbox"/>
Day 35	Nehemiah 1:1–Nehemiah 13:15	<input type="checkbox"/>	Day 80	Acts 28:17–Romans 14:23	<input type="checkbox"/>
Day 36	Nehemiah 13:15–Job 7:21	<input type="checkbox"/>	Day 81	Romans 15:1–1 Corinthians 14:40	<input type="checkbox"/>
Day 37	Job 8:1–Job 24:25	<input type="checkbox"/>	Day 82	1 Corinthians 15:1–Galatians 3:25	<input type="checkbox"/>
Day 38	Job 25:1–Job 41:34	<input type="checkbox"/>	Day 83	Galatians 3:26–Colossians 4:18	<input type="checkbox"/>
Day 39	Job 42:1–Psalms 24:10	<input type="checkbox"/>	Day 84	1 Thessalonians 1:1–Philemon 25	<input type="checkbox"/>
Day 40	Psalms 25:1–Psalms 45:14	<input type="checkbox"/>	Day 85	Hebrews 1:1–James 3:12	<input type="checkbox"/>
Day 41	Psalms 45:15–Psalms 69:21	<input type="checkbox"/>	Day 86	James 3:13–3 John 14	<input type="checkbox"/>
Day 42	Psalms 69:22–Psalms 89:13	<input type="checkbox"/>	Day 87	Jude 1–Jude 25	<input type="checkbox"/>
Day 43	Psalms 89:14–Psalms 108:13	<input type="checkbox"/>	Day 88	Revelation 1:1–Revelation 7:17	<input type="checkbox"/>
Day 44	Psalms 109:1–Psalms 134:3	<input type="checkbox"/>	Day 89	Revelation 8:1–Revelation 14:20	<input type="checkbox"/>
Day 45	Psalms 135:1–Proverbs 6:35	<input type="checkbox"/>	Day 90	Revelation 15:1–Revelation 22:21	<input type="checkbox"/>